# Biochemical Effects of Aqueous and Ethanolic Extracts of Parkia biglobosa Pods on Clarias gariepinus Juveniles

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**Abstract:** The biochemical effects of aqueous and ethanolic extracts of *Parkia biglobosa* pods (55, 65, 75, 85 and 95 mg L<sup>-1</sup>) were investigated in *Clarias gariepinus* juveniles. The activities of Aspartate aminotransferase and Alanine aminotransferase as well as serum glucose concentrations increased significantly (P<0.05) with increasing concentrations of both extracts. However, there were insignificant changes in Alkaline phosphotase activity including cholesterol and total protein concentrations with increasing concentrations of both extracts even though there were actual variations in their values. It therefore, means that both extracts which elicited strong stress responses in exposed fish are highly hepatotoxic in nature and with the exception of their cholesterol concentrations (P<0.05), there were insignificant differences in the biochemical parameters of exposed fish induced by either extract. It was concluded that both extracts are toxic to exposed fish.

**Key words:** Clarias gariepinus · Parkia biglobosa pods · Juveniles · Extracts · Toxicity · Biochemical parameters

### INTRODUCTION

Fish is a very important valuable source of high grade and easily digestible protein [1-3]. Even though the conventional means of fishing have always been through nettings and traps, some fishermen have deliberately used piscicides to crop fishes from water bodies [4-6] either for human consumption [6, 7] or to eradicate unwanted fishes from ponds before the stocking of desirable ones [8, 9] to save time, cost and efforts. Omnivorous Clarias gariepinus which grows quickly and are desirable food species worldwide has become an ecologically important and commercially valuable fish for the Nigerian fish industry [10-12]. However, Parkia biglobosa which is a widely distributed tree plant within the Sudanian and Guinean savannahs that greatly abounds in Nigeria has been recognized as a piscicide [4, 6, 13].

Blood biochemical changes are amongst the indices that are used in determining the toxicity of pollutants [14] especially as they indicate the status of the internal environment of the fish [15]. The aim of this study therefore, was to determine possible biochemical changes associated with the exposure of C. gariepinus juveniles to both aqueous and ethanolic extracts of P. biglobosa pods.

### MATERIALS AND METHODS

Preparation of Aqueous and Ethanolic Extracts of P. Biglobosa Pods: Maceration method [16, 17] was used whereas a total of 1000.00g of the pulverized pods powder of P. biglobosa was soaked in 6L of distilled water over night prior to filtration which was later freeze-dried (Lyovac GT2, AMSCO/FINN-AQUA, Germany). This yielded 459.00g (45.90%w/w) of freeze-dried aqueous extracts. Similarly, same maceration method [16, 17] was used whereas 5L of absolute ethanol (99.80vol.%, Sigma-Aldrich Lab., Germany) was used to soak another 1260.00g of the fine pods powder of the same P. biglobosa in a separation funnel over a 48 hour (h) period at room temperature. This was filtered and concentrated to dryness in an evaporation dish within a 72 h period to yield 725.21g (57.56%w/w) of the ethanolic extracts.

**Experimental Fish:** Clarias gariepinus juveniles (mean weight  $25.09 \pm 0.52$ g and mean total lengths  $15.38 \pm 0.10$ cm) were purchased from Kune Integrated Farms Limited, Katsina, Katsina State. These were acclimatized in the laboratory for two weeks while being fed *ad libitum* twice daily with 0.8mm commercial pelleted catfish feed (Multi feed, Zemach feed mill,

exclusive for O & T Group, Israel) containing 45% protein. The dechlorinated pond water was changed every other day with no form of prophylactic or therapeutic treatments given to fish within this period [18]. Mortality was less than 5% during this period and feeding was discontinued 48 h prior to and during the exposure period [19] in order to prevent the stomach content of exposed fish and their wastes in reconstituted extracts from interfering with the experimental results [20].

Toxicity Bioassay: A static bioassay was performed [21] after a range finding test was conducted [22, 23] to obtain toxicant concentrations of 55, 65, 75, 85 and 95mgL<sup>-1</sup> by dissolving 1.1, 1.3, 1.5, 1.7 and 1.9g respectively of aqueous and ethanolic extracts of P. biglobosa pods powder in 20L of dechlorinated water in each aquarium, one at a time. These were then allowed to stand for 30 minutes [24] so as to ensure proper mixing before introducing 10 C. gariepinus juveniles into each of these aquaria at random. The first aquarium containing no toxicant acted as a control for each of the experimental group. Treatments had replicates while all observations and mortalities were recorded within the 96 h exposure period.

Biochemical Measurements: The caudal peduncles of surviving fish were cut and blood was collected in non-heparinized tubes [25, 26] after narcotizing them with 40% ethyl alcohol [27]. These were immediately centrifuged at 1,006xg for five minutes to obtain the serum [28]. Glucose oxidase method was used to determine serum glucose levels [29]. Autoanalyser (Bayer Express Plus, Model 15950, Germany) was used to determine serum total proteins level based on Biuret method [30] as well as for determining the Aspartate aminotransferase (AST) and Alanine aminotransferase (ALT) activities based on the reference method described in International Federation of Clinical Chemistry [31]. Alkaline phosphatase (ALP) activity was determined colourimetrically via enzymatic hydrolysis according to King and Armstrong [32] while serum cholesterol level was determined colourimetrically too using a commercially available reagent kits (Randox Laboratories Ltd, United Kingdom) based on the enzymatic method of Roeschlaw et al. [33].

**Statistical Analysis:** Histogram with error bars was plotted using Microsoft® Office Excel [34] while GraphPad

Prism version [35] was used to run the means and standard error of means as well as one-way analysis of variance (ANOVA) for statistical significance (P<0.05).

# RESULTS

There were significant increases (P<0.05) in both AST and ALT activities with insignificant changes in ALP activities in C. gariepinus juveniles exposed to increasing concentrations of both aqueous and ethanolic extracts of P. biglobosa pods. However, the significant increases (P<0.05) in AST and ALT activities with increasing extracts concentrations were marked at about 65 mgL<sup>-1</sup> concentration for the ethanolic extracts. Exposed C. gariepinus juveniles showed significant increase (P<0.05) in serum glucose concentrations and insignificant changes in serum total proteins and cholesterol concentrations with increasing concentrations of both extracts respectively. However, the blood collected from C. gariepinus juveniles exposed to 95 mgL<sup>-1</sup> of the ethanolic extract of P. biglobosa pods could not give enough serum for any biochemical analysis. All assessed biochemical parameters showed insignificant differences between the toxicities of both extracts with the exception of their cholesterol concentrations which showed significant differences (P<0.05) between the toxicity of aqueous and ethanolic extracts of P. biglobosa pods.

# DISCUSSION

The significant increases (P<0.05) in AST and ALT activities with increasing extracts concentration may be due to severe hepatic necrosis resulting in their leakage into the blood [36, 37] even though increase in blood enzymatic activities may in addition, be due to their increased synthesis or enzymatic inductions [38]. The decline in AST and ALT activities after the highest activities obtained at extracts concentration of 65 mgL<sup>-1</sup> might have occurred because these enzymes activities are usually elevated in acute liver toxicities which tend to decrease with prolonged intoxication due to prolonged hepatic damage [39]. These findings agree with the reports of Al-Attar [40] but disagree with the findings of Ogueji and Auta [26] and Oruç and Üner [41] who all reported decreased AST and ALT activities which may not be unconnected to sub-lethal doses of toxicants used in their works. Alkaline phosphatase, which is made in the liver, is membrane bound to the biliary

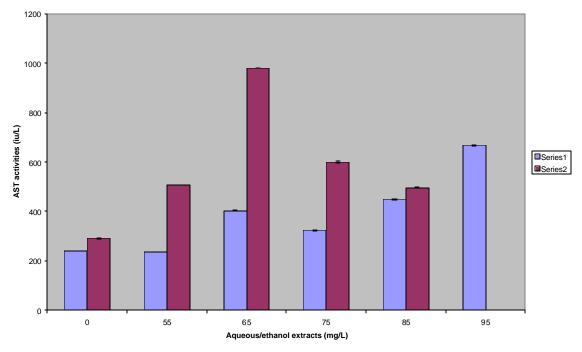


Fig. 1: AST activities of *C. gariepinus* juveniles exposed to aqueous extract (Series 1) and ethanolic extract (Series 2) of *P. biglobosa* pods

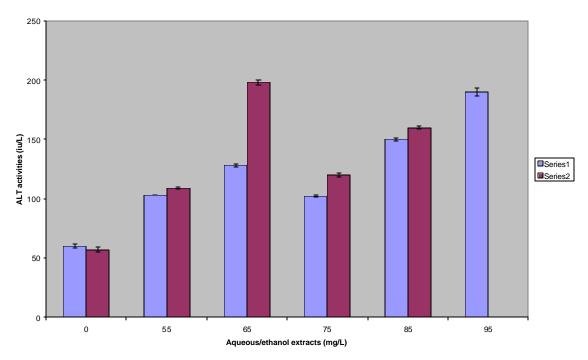


Fig. 2: ALT activities of *C. gariepinus* juveniles exposed to aqueous extract (Series 1) and ethanolic extract (Series 2) of *P. biglobosa* pods

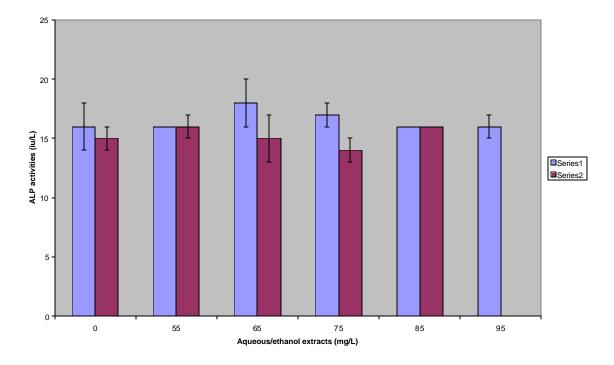


Fig. 3: ALP activities of *C. gariepinus* juveniles exposed to aqueous extract (Series 1) and ethanolic extract (Series 2) of *P. biglobosa* pods

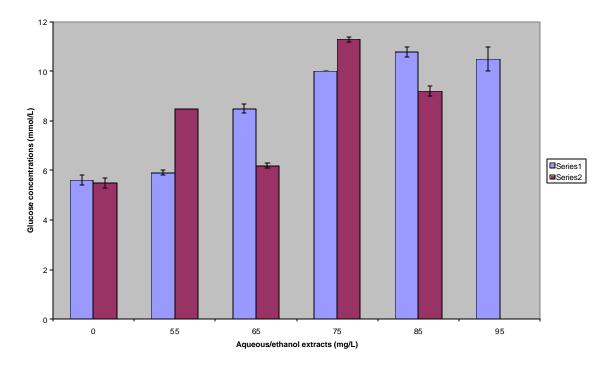


Fig. 4: Glucose concentrations of *C. gariepinus* juveniles exposed to aqueous extract (Series 1) and ethanolic extract (Series 2) of *P. biglobosa* pods

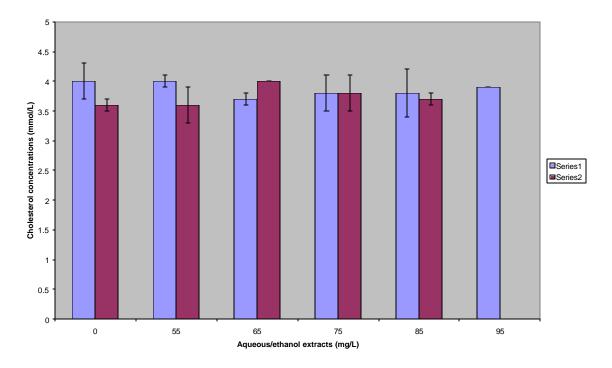


Fig. 5: Cholesterol concentrations of *C. gariepinus* juveniles exposed to aqueous extract (Series 1) and ethanolic extract (Series 2) of *P. biglobosa* pods.

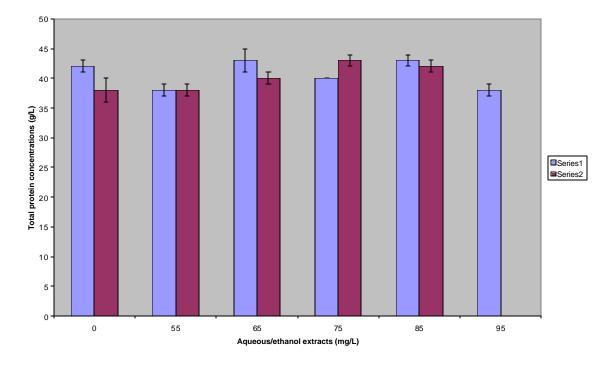


Fig. 6: Total protein concentrations of *C. gariepinus* juveniles exposed to aqueous extract (Series 1) and ethanolic extract (Series 2) of *P. biglobosa* pods

canaliculi from where it is secreted into the bile such that elevated activities of this enzyme signify cholestasis [42]. Even though direct hepatic damage may also cause moderate increase in these ALP activities [43], insignificant changes were observed in this study. This finding agrees with the report of Li *et al.* [44] but disagree with the report of Das and Mukherjee [45] who reported depleted ALP activity. However, toxicants concentrations and exposure duration may be responsible for the recorded variable changes in ALP activities in fishes exposed by these authors.

The toxic effects of both extracts on exposed C. gariepinus juveniles may have increased their need for more energy in order to combat the ensuing stress condition [46, 47] which can lead to carbohydrate metabolism disorders [48]. Such stressors are reported to stimulate the adrenal tissues resulting in increased levels of circulating glucocorticoids [49 - 51] and catecholamines [52, 53] with consequent hyperglycaemia. These findings agree with the work of Moussa et al. [54] but disagree with the findings of Omoniyi et al. [55] and Kori-Siakpere and Ubogu [56] who both reported hypoglycaemia with increasing toxicant concentrations. Such reported hypoglycaemia could have resulted from glucose loss through compromised kidneys indicating suppression of energy dependent glucose retention in kidney tubules [56].

The liver is the key organ for the synthesis and excretion of cholesterol such that any intra-hepatic and extra-hepatic obstructions will result in elevated concentrations within the serum [42] while chronic liver conditions like liver cirrhosis could result in decreased concentrations due to impaired synthesis [57]. The observed insignificant changes in the serum cholesterol concentrations meant none of these conditions actually prevailed. These findings are in agreement with the reports of Al-Attar [40] and Omitoyin [58] while disagreeing with the findings of Ogueji and Auta [26] and Okechukwu and Auta [42] who reported significant inhibition and elevated cholesterol concentrations respectively. Such elevated cholesterol concentrations could have resulted from the non-esterification of free cholesterol due to hepatic damages even though cholesterol concentrations will be more elevated in bile obstructions than in liver parenchyma damages [59].

Increased gluconeogenesis activities in order to meet up with increased energy demand under stress conditions leading to initial hyperproteinaemia have been reported in fishes [60, 61] even as water loss in the serum and elevated *de novo* synthesis could equally be responsible [40]. Liver necrosis with consequent impairment of protein synthesis machinery [62] or the impairment of amino acids incorporation into the polypeptide chains [63] can all result in hypoproteinaemia. However, the observed insignificant changes in total protein concentrations could possibly be due to the acute nature of these toxicities which never gave the liver the opportunity to compensate for any physiological compromise. The observed insignificant changes in serum total proteins concentration may also be due to the observed insignificant changes in ALP activities since ALP plays an important role in protein synthesis [62]. This report agrees with the findings of Omitoyin [58] but disagrees with the works of Hadi et al. [65] who reported hyperproteinaemia and the works of Omoniyi et al. [55] and Reeta et al. [66] who both reported hypoproteinaemia with increasing toxicant concentrations respectively. Excessive loss of serum total proteins through pathologically altered kidneys could lead to such hypoproteinaemia.

In conclusion, both aqueous and ethanolic extracts of *P. biglobosa* pods are highly hepatotoxic and even though there were insignificant differences in the biochemical parameters of exposed fish induced by either extract, there were significant difference (P<0.05) in the cholesterol concentrations of fish exposed to both extracts. These piscicidal properties can therefore, be exploited for obtaining fishes from water bodies. However, this should be with some caution as their effects on other aquatic organisms needs further investigations.

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