

## Effect of Nano-Chitosan and Onion Extract as Coating Materials on the Quality Properties of Chicken Fillet Meat During Refrigeration

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**Absrtact:** The present study examined the effects of nano chitosan alone and nano chitosan combined with crude onion extracts as coating materials for chicken fillets meat during refrigeration storage ( $7^{\circ}\text{C}\pm 1^{\circ}\text{C}$ ). Treatments included the following: The first portion was dipped in spore suspension  $10^7$  (control positive), 2<sup>nd</sup> portion was dipped in Nano chitosan alone (10 mg/ml), 3<sup>rd</sup> portion was dipped in Nano chitosan (10 mg/ml + crude onion extract, 4<sup>th</sup> portions was dipped in crude onion extract alone. Treatment of chicken breast fillets coated with nano chitosan could retard the growth of total mould more effectively, compared with crude onion extract due to the higher antimicrobial activity of nano-chitosan compared to onion extract due to their higher surface area per unit volume and charge density which provides interaction with the anionic cell membrane. The results indicated that nano chitosan and crude onion extract can be used for preservation of quality properties of chicken fillets meat samples. The nano chitosan was better than crude onion extract in reducing fungal count of fillets and the results indicated that nano chitosan can be used for preservation of quality properties of chicken fillets meat samples.

**Key words:** Nano-chitosan • Onion extract • Antifungal • Chicken meat

### INTRODUCTION

Nano-chitosan is a natural material with excellent physicochemical properties. It is environmentally friendly and bioactive. Nano-chitosan have been prepared by several approaches, including physical crosslinking by ionic gelation between chitosan and specific negatively charged macromolecules such as pentasodium tripolyphosphate [1]. Moreover, chitosan and chitosan nanoparticle films and coatings can be used as a vehicle for incorporating natural or chemical antimicrobial agents, antioxidants, enzymes or functional substances such as plant extracts, probiotics, minerals or vitamins [2]. However, chitosan nanoparticles exhibited higher antimicrobial activity than chitosan during the storage period [3].

Onion (*Allium cepa* L.) is a multipurpose food plant that is used as traditional Egyptian spices. It has great health significance and is consumed for its putative nutritional and health benefits for centuries. Traditionally,

onions and plants belonging to the *Allium* genus and *Allium* is the largest and important representative genus of the family *Liliaceae* which have been used as an herbal remedy for a wide range of ailments, due to their association with many pharmacological effects. Biological effects attributed to onions have been commonly ascribed to the volatile sulphur containing compounds, such as thiosulfinates, mainly responsible for the characteristic taste, aroma and lachrymatory effects [4, 5]. The antibacterial and antifungal properties reported to be possessed by flavanoids has increased the interest of the food industry in these natural compounds as components to improve food stability against microbiological spoiling agents [6]. Protection of food from pathogens and spoilage organisms has been traditionally achieved by chemical methods, but during recent years there has been an increase in consumer interest in developing foods which contain a low level or are free of chemical preservatives [7].

Changes in eating habits arising from the development of society, recently people search for affordable and healthier foods with satisfactory taste and pleasant appearance [8]. Chicken meat and their products can be contaminated by microorganisms from the environment, equipment and operator's hands where due to poor hygiene there is ample scope for contamination [9].

In processing plants, contamination of poultry meat products can occur throughout ideal processing, packaging and storage until the product is sufficiently cooked and consumed. Heavy microbial loads enter the processing operations with the living birds and these microorganisms can be disseminated throughout the plant during processing. Diseases can also result when these products are not properly cooked and post-processing contaminated [10]. Contamination of chicken products with different mould species as *Aspergillus*, *Fusarium* and *Penicillium* considers a real hazard as it affecting the quality of these products. It is generally accepted that the *Aspergillus*, *Fusarium* and *Penicillium* moulds are among the most important in producing mycotoxins. The mycotoxins of greatest concern include aflatoxin, which is generally produced by *Aspergillus* species such as *A. flavus*, *A. parasiticus* and the rare *A. nomius*, deoxynivalenol and zearalenone. Mycotoxins have direct potential health hazards to "human health and animals even with its low levels and severe economic losses [11].

Therefore, the aim of the present assay was to investigate a comparative basis antifungal effect of nano-chitosan and onion extract coatings on quality of chicken fillet meat during refrigeration (7°C).

## MATERIALS AND METHODS

**Chitosan Nanoparticles:** Nano chitosan solution was obtained from Nanotech Company (Gate3, Dreamland, 6<sup>th</sup> October, Cairo- Egypt).

The chitosan was prepared as the method described by Ojagh *et al.* [2]. Then Nanoparticles were achieved by the cross linking of chitosan (95% deacetylated, MW: 1000kDa)-sodium tripolyphosphate solution. Chitosan (2%) was dissolved in 1% acetic acid solution to form chitosan solution. Sodium tri-polyphosphate solution (2%, w/v) dissolved in distilled water. Under magnetic stirring at room temperature, 4 ml of tri-polyphosphate solution (2%) was added into 100 mL of chitosan solution. The mixture was stirred for 60 mins, then, treated with sonication at 1.5 kW for 10 mins before being used [12]. The nano chitosan concentrations solution (10 mg/ml).

**Preparation of Onion (*Allium cepa*) Extract:** One hundred gram of cleaned, air dried onions obtained were blended separately and individually soaked in 100mL of ethanol for 24 h in a sterile glass container. The pulp obtained was shaken vigorously to allow for proper extraction of active ingredients. The crude extract was then filtered using sterile Whatmans No. 1 filter paper. The filtered extracts were then stored in the refrigerator at 4°C Tagoe *et al.* [13].

**Preparation of Spore Suspension of Fungal Culture (*A. flavus*):** The present study carried out by using a strain of *Aspergillus flavus* (GenBank accession number: KP137699) isolated previously at the Mycology Department - Animal Health Research Institute, Giza, Egypt. The *A. flavus* subcultured and grown for 7 days on Czapek yeast extract. The *A. flavus* culture was washed with 10 ml sterile distilled water in 2% Tween 80 with the aid of glass beads to help in the spore dispersion. The spore suspensions were standardized by calculated using haemocytometer with dilution to reach to  $1.1 \times 10^7$  spores/ml. Sample preparation Raw fresh chicken breast fillets (boneless) were purchased from a local poultry shop. (at 254 nm) for 30 minutes each side. The samples were divided into four groups, each group weighted 200 g., then each group subdivided into two smaller portions (100g, for each).

**Marinated Preparation:** The first portion was dipped in spore suspension  $10^7$  (control positive), 2<sup>nd</sup> portion was dipped in Nano chitosan alone (10 mg/ml), 3<sup>rd</sup> portion was dipped in Nano chitosan (10 mg /ml +crude onion extract, 4<sup>th</sup> portions was dipped in crude onion extract alone, respectively and left for 30 minutes at room temperature.

**Samples Inoculation:** All samples were dipped in the prepared *A. flavus* (count of about  $10^7$ ). The incubated for 30 minutes at 25°C then kept for another 30 minutes at room temperature to enhance the fungal spore attachment. All samples were stored at 7°C  $\pm$  1°C for 12 days and fungal counts were done every 3 days.

**Organoleptic Examination:** The second group divided into four portions for organoleptic examination (colour, odour and texture) evaluation scales of muscle foods were defined by overall colour, odour and texture and evaluated by 3 trained panellists according to Collins and Huey[14], Hunt *et al.* [15], Grossklaus *et al.* [16] and Miller, [17].

**Statistical Analysis:** The obtained results were statistically analysed according to Feldman *et al.* [18].

## RESULTS AND DISCUSSION

Chicken meat is favoured by consumers around the world because of its desirable nutritional qualities, such as low-fat content and a relatively high concentration of polyunsaturated fatty acids. Fresh meat products are usually marketed at refrigerated temperatures (2-4°C). Lipid oxidation and microbial growth may occur during refrigeration storage. Spoilage of fresh poultry meat is a financial burden to producers and requires the development of new methods to extend the shelf-life and overall safety/quality of the meat, which is the main problem faced by the poultry processing industry [19]. Mould and yeast comprise a large group of microorganisms which are ubiquitous in nature and affects our food supply as a result of their contamination. They are responsible for major protein deterioration in developing countries. Their presence in meat are regarded as an indicator of the hygienic conditions under which these products are handled and stored lead finally to either spoilage or foodborne mycotoxicosis [20].

The results tabulated in table 1 show that the initial total count of *A. flavus* (day 0) value for the fresh chicken meat samples was  $1.6 \times 10^7$  cfu/g then decreased gradually until 12 day and did not detect any colony by using Nano chitosan alone (10 mg/ml) and the reduction rate was (100%). While in treated samples with nano chitosan (10 mg/ml) + crude onion extract total mould values (*A. flavus*) was  $1.4 \times 10^3 \pm 3 \times 10^2$  cfu/g with reduction rate by 99.1% at 3<sup>rd</sup> day,  $1.1 \times 10^2 \pm 1.2 \times 10$  CFU/g at 6<sup>th</sup> day with reduction rate by 99.9%,  $0.8 \times 10 \pm 0.4 \times 10$  cfu/g at 9<sup>th</sup> day with reduction rate by 99.9% and  $0.7 \times 10 \pm 0.2 \times 10$  cfu/g at 12<sup>th</sup> day with reduction rate by 99.9%. On the other hand, treated samples with crude onion extract, total mould values (*A. flavus*) was  $1 \times 10^5 \pm 7 \times 10^4$  cfu/g with reduction rate by 90.6% at 3<sup>rd</sup> day,  $6.1 \times 10^4 \pm 2.1 \times 10^3$  cfu/g at 6<sup>th</sup> day with reduction rate by 98.2%,  $4.2 \times 10^4 \pm 1.7 \times 10^3$  cfu/g at 9<sup>th</sup> day with reduction rate by 99.7% and  $4.1 \times 10^4 \pm 1.1 \times 10^3$  cfu/g at 12<sup>th</sup> day with reduction rate by 99.7%. Concerning to the control samples (untreated) decomposed at 6<sup>th</sup> day.

Treatment of chicken breast fillets coated with nano chitosan could retard the growth of total mould more effectively, compared with crude onion extract due to the higher antimicrobial activity of nano-chitosan compared to onion extract due to their higher surface area per unit

volume and charge density which provides interaction with the anionic cell membrane. Antimicrobial function of chitosan is known against wide variety of Gram-positive, Gram-negative bacteria, mould and yeast. The polycationic property of chitosan exhibits antimicrobial activity due to its ability to interact with negatively charged cell membranes of these microbes [20].

Chitosan nanoparticles exhibit higher antifungal efficacy against *A. flavus* than onion extract chitosan based on the special character based on the special character of the nanoparticles such as nanoparticle's longer surface area and higher affinity with fungal cell for a quantum-size effect. Nano-chitosan coating is more appropriate than onion extract coating to extend the shelf-life and delay the deterioration of chicken meat fillet during refrigerated storage. Goy *et al.* [21] reported that nano chitosan particles have been found to show antifungal activities with MIC values ranging from 10-500 ppm against variety of species. Fungal species such as *Botrytis cinerea* and *Drechstera sorokiana* exhibited very low MIC of 10 ppm while several other fungi such as *Candida albicans*, *Microsporum canis*, *Aspergillus fumigatus*, *Aspergillus parasiticus* have shown higher MIC between 1000 and 2000 ppm, while for *Trichophyton mentagrophytes* and *Byssoschlamys* spp. the MIC values were found about 2000-5000 ppm. Regardless of antifungal activity of onion, it has been shown that crude extracts of onion may have potent antifungal properties [22]. Phenolic compounds such as quercetin and kaempferol present in onion may contribute to this activity [23]. In this study also onion-induced dose-dependent fungal growth inhibition may be attributed to the presence of phenols and secondary metabolites. In accordance to these findings, reports by Skerget *et al.* [24] can be quoted which recorded that the extracts of red onion's skin and edible part possess antifungal activity. Odour and flavour are important aspects of meat quality, sometime used as a determining criteria in the acceptance or rejection of the products [25]; while Miller [17] stated that texture or feel and colour of muscle food influence perceptions of acceptability and are the most reliable, rapid indicators of their quality.

Effect of concentration of Nano chitosan and crude onion extract on sensory attributes of treated chicken meat slices stored at refrigerated temperature  $7 \pm 1^\circ\text{C}$ . The results in Table 2 reveal that the initial colour, odour and texture of the examined chicken meat samples were  $4.9 \pm 0.05$ ,  $4.8 \pm 0.05$  and  $4.9 \pm 0.04$  of control samples then

Table 1: Antifungal activity of different concentration of Nano chitosan and onion extract against total mould count in chicken meat samples during storage at 7°C ± 1

Treatment	3 <sup>rd</sup> day			6 <sup>th</sup> day			9 <sup>th</sup> day			12 <sup>th</sup> day		
	0 day	Count	Reduction rate by (%)	Count	Reduction rate by (%)	Count	Reduction rate by (%)	Count	Reduction rate by (%)			
Control ( <i>A.flavus</i> 10 <sup>3</sup> )	1.6x 10 <sup>7</sup>	2 x 10 <sup>6</sup> ± 1.1 x 10 <sup>7</sup>	----	3.2 x 10 <sup>6</sup> ±1.7 x 10 <sup>7</sup>	----	Decomposed						
Control ( <i>A.flavus</i> 10 <sup>3</sup> )	1.6x 10 <sup>7</sup>	2 x 10 <sup>6</sup> ± 1.1 x 10 <sup>7</sup>	----	3.2 x 10 <sup>6</sup> ±1.7 x 10 <sup>7</sup>	----	Decomposed						
Nano chitosan alone (10 mg/ml + ( <i>A. flavus</i> 10 <sup>3</sup> ))	1.6x 10 <sup>7</sup>	ND	100	ND	100	ND	100	ND	100			
Nano chitosan alone (10 mg/ml + ( <i>A. flavus</i> 10 <sup>3</sup> )) + crude onion extract	1.6x 10 <sup>7</sup>	1.4 x 10 <sup>5</sup> ± 3 x 10 <sup>2</sup>	99.1	1.1 x 10 <sup>5</sup> ± 1.2 x 10 <sup>1</sup>	99.9	0.8 x 10 <sup>5</sup> ± 0.4 x 10	99.9	0.7 x 10± 0.2 x 10	99.9			
Crude onion extract + ( <i>A.flavus</i> 10 <sup>3</sup> )	1.6x 10 <sup>7</sup>	1 x 10 <sup>5</sup> ± 7 x 10 <sup>4</sup>	90.6	6.1 x 10 <sup>4</sup> ± 2.1 x 10 <sup>3</sup>	98.2	4.2 x 10 <sup>5</sup> ± 1.7x 10 <sup>3</sup>	99.7	4.1 x 10 <sup>5</sup> ± 1.1 x 10 <sup>3</sup>	99.7			

Table 2: Effect of different concentration of Nano chitosan and onion extract on sensory attributes of treated chicken meat slices stored at refrigerated temperature (7 ± 1 °C)

Preservation time	Control			Nano chitosan alone (10 mg/ml + ( <i>A. flavus</i> 10 <sup>3</sup> ))			Nano chitosan alone (10 mg/ml + ( <i>A.flavus</i> 10 <sup>3</sup> )) + crude onion extract			Crude onion extract + ( <i>A. flavus</i> 10 <sup>3</sup> )		
	*Colour	*Odour	*Texture	*Colour	*Odour	*Texture	*Colour	*Odour	*Texture	*Colour	*Odour	*Texture
0 day	4.9± 0.05	4.8±0.05	4.9±0.04	5.0± 0.03	4.9±0.05	4.9± 0.04	4.9± 0.04	4.9±0.05	4.9± 0.04	4.9±0.04	4.8±0.05	4.9±0.04
3 <sup>rd</sup> day	3.5± 0.2	4.7±0.07	4.7±0.07	5.0± 0.03	4.9±0.05	4.9± 0.04	4.9± 0.04	4.9±0.05	4.9± 0.04	4.9± 0.04	4.9±0.05	4.9± 0.04
6 <sup>th</sup> day	2.5± 0.16	3.0±0.12	3, 4±0.17	5.0± 0.03	4.9±0.05	4.9± 0.04	4.9± 0.04	4.9±0.05	4.9± 0.04	4.9± 0.04	4.9±0.05	4.9± 0.04
9 <sup>th</sup> day	Decomposed		5.0± 0.03	4.9±0.05	4.9± 0.04	4.9± 0.04	4.9±0.05	4.9± 0.04	4.9± 0.04	4.9±0.05	4.9± 0.04	
12 <sup>th</sup> day			5.0± 0.03	4.9±0.05	4.9± 0.04	4.9± 0.04	4.9±0.05	4.9± 0.04	4.9± 0.04	4.9±0.05	4.9± 0.04	

they gradually changed at 3<sup>rd</sup> day to 3.5±0.2, 4.7 ±0.07 and 4.7 ±0.07; 6<sup>th</sup> day to 2.5±0.16, 3. ±0.12 and 3.4 ±0.17 and at 9<sup>th</sup> the sample decomposed, meanwhile in samples treated with Nano chitosan alone (10 mg/ml) the colour, odour and texture score were 5 ±0.03, 4.9 ±0.05 and 4.9 ± 0.04, respectively and there is no change in colour, odour and texture of the examined treated samples until day 12<sup>th</sup> while in samples treated with onion extract there is no change in colour, odour and texture from 0 day to 12 days. Nano chitosan influence of packaging made of nano chitosan on colour stability in refrigerated ground beef has been studied previously [26].

The information given by the achieved results proved that treatment of chicken fillet meat by addition of Nano chitosan alone (10 mg/ml) and crude onion extract inhibited the mould growth and extends the shelf-life of refrigerated treated chicken fillet meat. It can be concluded that nano chitosan these plant extracts have the potential to be used in food as flavoring and natural preservatives to control food spoilage.

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