

An Elementary Proof of the Padoa's Inequality

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Abstract: We give a simple proof of the inequality of Padoa involving the sides of an arbitrary triangle.

Key words: Euler's relation • Geometry of triangles • Heron's formula

INTRODUCTION

Nahin [1] proposes to give a proof of the Padoa's inequality:

$$(a + b - c)(b + c - a)(a + c - b) \leq abc, \tag{1}$$

involving the sides of an arbitrary triangle.

In [2, 3] we find the following upper bound on the area \tilde{A} of a triangle:

$$4\sqrt{3}(a + b + c)\tilde{A} \leq 9abc, \tag{2}$$

where we can employ the Euler's formula:

$$\tilde{A} = \frac{abc}{4R}, \tag{3}$$

in terms of the circumradius, to obtain:

$$2\sqrt{3}s \leq 9R, \tag{4}$$

for the semiperimeter $s = \frac{1}{2}(a + b + c)$; but we know the relations:

$$s = a \frac{\cos\left(\frac{B}{2}\right)\cos\left(\frac{C}{2}\right)}{\sin\left(\frac{A}{2}\right)}, \quad R = \frac{a}{2\sin A}, \tag{5}$$

then (4) implies the property:

$$\cos\left(\frac{A}{2}\right)\cos\left(\frac{B}{2}\right)\cos\left(\frac{C}{2}\right) \leq \frac{3}{8}\sqrt{3}, \tag{6}$$

On the other hand, in [3-5] is the inequality:

$$3\sqrt{3} \tilde{A} \leq s^2, \tag{7}$$

where we can apply the expressions involving the inradius:

$$\tilde{A} = r s, \quad r = s \cdot \tan\left(\frac{A}{2}\right)\tan\left(\frac{B}{2}\right)\tan\left(\frac{C}{2}\right) = a \frac{\sin\left(\frac{B}{2}\right)\sin\left(\frac{C}{2}\right)}{\cos\left(\frac{A}{2}\right)}, \tag{8}$$

to deduce that:

$$\tan\left(\frac{A}{2}\right)\tan\left(\frac{B}{2}\right)\tan\left(\frac{C}{2}\right) \leq \frac{1}{3\sqrt{3}}, \tag{9}$$

therefore, (6) and (9) give the relations:

$$\sin\left(\frac{A}{2}\right)\sin\left(\frac{B}{2}\right)\sin\left(\frac{C}{2}\right) \leq \frac{1}{8}, \quad \cos A + \cos B + \cos C \leq \frac{3}{2}; \tag{10}$$

with (5), (8) and (10) we obtain the inequality:

$$R \geq 2 r, \tag{11}$$

Now we employ the Heron's formula:

$$(s-a)(s-b)(s-c) = \frac{A^2}{s} \underset{=}{=} (8) r s \cdot r \underset{=}{=} (3) \frac{a b c}{4} * \frac{r}{R} \leq \frac{a b c}{8}, \tag{12}$$

which implies the Padoa's inequality (1) because:

$$s-a = \frac{1}{2}(b+c-a), \quad s-b = \frac{1}{2}(a+c-b), \quad s-c = \frac{1}{2}(a+b-c). \tag{13}$$

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