

Study on Prevalence of Bovine Mastitis in Tullo District of West Hararghe, Ethiopia

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Abstract: A cross-sectional study was conducted in selected district of West Hararghe on lactating local zebu cows from November 2009 to May 2010 to determine the prevalence and predominant etiological factors of clinical and subclinical mastitis. A total number of 384 lactating cows with 1536 quarters were examined using clinical examination, California Mastitis (CMT) and microbial examination to identify the causative agents of intra-mammary infection. In this study, 140 (9.1%), quarters belonging to 62 (16.1%) lactating cows were found to be CMT positive. However, pathogens responsible for mastitis were isolated from 119 (7.7%) quarters belonging to 48 (12.5%) cows. A total of 44 (2.87%) quarters and 20 (5.2%) cows were affected by clinical mastitis while 96 (6.3%) quarters and 42 (10.9%) cows were found to be affected by the subclinical mastitis. Bacterial isolation was done from 48 cows and 119 quarters. Of 119 isolates, 45 (37.8%) and 74 (62.2%) quarters were from clinical and subclinical mastitis respectively. The predominant bacteria isolated from clinical mastitis were *E. coli* with isolation rate of 57.8% followed by *S. agalactiae*, Enterobacter, *S. aureus* and *S. epidermidis* with isolation rate of 13.3, 11.1, 8.9 and 8.9% respectively. Whereas from subclinical isolation, *S. aureus* was predominant with isolation rate 47.3% followed by *E. coli*, *S. epidermidis*, Enterobacter and *S. agalactiae* with isolation rate of 28.4, 13.5, 5.4 and 5.4% respectively. If milk production in the study area has to be improved, creation awareness and control of mastitis through proper milking hygiene such as use of warm water to rinse the tools, individual towels for each cow and quarter, post milking teat disinfection and proper treatment of mastitis cases is important.

Key words: Bacterial isolation • California Mastitis • Clinical mastitis • Cows • Prevalence • Subclinical mastitis

INTRODUCTION

Ethiopia, located in tropical region, is one of the most populous countries in Africa, having an estimated population of more than 80 million. The country is very much dependent on agriculture. Livestock represent a major national resource and form an integral part of the agricultural production system. Ethiopia has the largest cattle population in Africa with an estimated population of 56.71 million. Cow represents the biggest portion of cattle population of the country, around 20.7% of the total cattle heads are milking cows [1]. However, milk production often does not satisfy the country's requirements due to a multitude of factors. Mastitis is among the various factors contributing to reduced milk production [2]. Dairy enterprise is very gradual in

countries of sub-Saharan Africa like Ethiopia. In this region, the low local milk production is as a result of many factors including low genetic potential for milk production of indigenous breeds, the extensive and low inputs husbandry practices under which they are reared and wide spread livestock diseases [3].

Mastitis is one of the most important disease affecting dairy cows. It is a multi-factorial disease with worldwide distribution accounting for major economic losses in dairy cattle [4] which incurs serious economic losses to dairy industry. A number of previous reports from different parts of the country indicated that mastitis is a serious problem in the dairy industry of Ethiopia [5]. Bovine mastitis can reduce milk yield, increase culling rate, incur treatment cost and occasionally result in death from severe infection [6].

There are two forms of mastitis: subclinical and clinical mastitis. Subclinical mastitis is characterized by the presence of pathogenic microorganism in the milk and the inflammatory response detected only by screening test or laboratory procedures. Thus, signs of inflammation that are detected by visual observation or palpation such as swelling, heat, redness, pain or systemic response such as fever are not observed [7].

Mastitis is a management related disease whose prevention and control depends among other factors on the type of management employed. If management is improved, there is a reduction in the incidence of clinical mastitis and vice versa. As with most infectious disease, mastitis risk factors depend on three components i.e. exposure to the microbes, cow defense mechanism and environment and management factors [8].

Despite many years of research, subclinical mastitis remains the most economically damaging and zoonotic potential disease for dairy industry and consumers worldwide irrespective of the species of animal [9]. Economic losses caused by mastitis include value of discarded milk, reduction in quality of milk and cost of treatment [7]. Bacterial contamination of milk from affected cows may render it unsuitable for human consumption by causing food poisoning or interference with manufacturing process or in rare cases, provides mechanism of spread of disease to humans. Zoonotic diseases potentially transmitted by raw cow milk include brucellosis, caseous lymphadenitis, leptospirosis, listeriosis, melioidosis, Q-fever, staphylococcal food poisoning, toxoplasmosis and tuberculosis [6, 10].

In some parts of Ethiopia, the disease is insufficiently investigated and information relating to its magnitude, distribution and risk factors is scant. Such information is important to envisage when designing appropriate strategies that would help to reduce its prevalence and effects [11, 12]. Although there are some studies of mastitis in central and other part of Ethiopia, there still areas such as the Eastern part of Ethiopia where such studies scarce to get enough information of the disease. Therefore, the present study was initiated with this background. The study aimed (i) to estimate the prevalence of subclinical and clinical mastitis at cow and quarter level, (ii) to isolate and identify the predominant agents of subclinical and clinical mastitis.

MATERIALS AND METHODS

The study was conducted in selected peasant association of Tullo district of West Hararge zone from November 2009 to May 2010.

Study Population: The study animals were the local zebu lactating cows managed under extensive farming system in selected peasant associations (PAs). The indigenous zebu breeds in this study area were owned by producers and are managed extensively. The cows were in the field for the whole day to graze and in the evening, they were supplemented with straw. Milking was manually in all selected peasant associations (Pas).

Sample Size and Sampling Method: Purposive sampling technique was employed to select four peasant associations (PAs) and households based on ease of accessibility. Simple random sampling technique was followed for selection of 384 lactating zebu cows. The sample size was calculated based on the formula given below as described by Thrusfield [13]. For estimation of disease prevalence the sample was determined by assuming the expected prevalence to be 50%, the desired precision was 5% and a sample size of 384 lactating cows was determined based on the formula:

$$n = \frac{1.96^2 \times p_{\text{exp}}(1-p_{\text{exp}})}{d^2}$$

where n=number of sample size, p_{exp} = expected prevalence, d^2 = absolute precision.

Study Design and Methodology: Cross-sectional and observation types of study were carried out from the beginning of November 2009 to May 2010.

Clinical Inspection of Udder: The udder was first examined visually and then by palpation to detect possible fibrosis, inflammatory swellings, visible injury, tick infestation, atrophy of the tissue and swellings of supra mammary lymph nodes. The teat condition (color changes, swelling at or near the teat base, swelling or firmness at or near the teat end, openness of the teat orifice, teat skin condition, signs of vascular damage like petechial hemorrhage, etc.) was evaluated during clinical examination [14]. Upon palpation, one can feel hot, painful swelling on udder and ventral abdomen and was manifested by loss of appetite, depression, recumbence and blood mixed milk in acute mastitis. In chronic mastitis, continuous or intermittent discharge of pus, clots, flakes or watery secretion will be seen from the udder [15].

California Mastitis Test (CMT): The California Mastitis Test (CMT) was performed according to the manufacturer's instruction. In brief, a small sample of milk (approximately 1/2 teaspoon) was collected from each quarter into a plastic paddle that has 4 shallow cups

marked A, B, C and D. An equal amount of CMT reagent was added to the milk and the paddle rotated to mix the contents. After approximately 10 seconds, the score was read while continuing to rotate the paddle. Results were recorded as T (trace), 1, 2 or 3 based on the level of precipitation (coagulation) [16].

Bacterial Isolation: Bacteriological examination of milk was carried out using different laboratory media, staining techniques and primary as well as secondary biochemical tests [17, 18]. Strict procedures were used when collecting milk sample in order to prevent contamination with microorganisms present on the skin of cow's flanks, udder and teats, on the other hands of the sampler and in the environment.

Statistical Analysis: The data was collected and recorded into Microsoft excel spreadsheet. Descriptive statistics such as proportion and percentages were used to summarize and present the data generated from the study. The prevalence of mastitis (clinical and subclinical) and proportion of predominant etiological agents were calculated using percentage value.

RESULTS

Overall Prevalence: A total number of 384 lactating cows and 1536 quarters were included in the study. Out of which 62 (16.1%) cows and 140 (9.1%) quarters were found positive for mastitis on CMT. Upon cultural

examination pathogens responsible for mastitis were isolated from 119 (7.7%) and 48 (12.5%) quarters and cows, respectively. Of the total quarters included in the study, 45 (2.93%) quarters belonging to 30 cows were found to be blind. From cows having blind quarters, 15 (50%) cows have one blind quarter and 15 (50%) cows have two blind quarters. With regards to the location of the blind quarters, 10 (22.2%), 10 (22.2%), 12 (26.6%) and 13 (28.8%) were found to be of the right rear (RR), right front (RF), left rear (LR), left front (LF) position respectively (Table 1).

Prevalence of Clinical Mastitis: Clinical mastitis was diagnosed on the basis of visible signs of inflammation such as warm, swollen and pain up on palpation which have been considered as acute clinical mastitis while misshaped, atrophied, hard and fibrotic quarters were considered as chronic mastitis. The data presented in Table 2 shows that a total of 20 (5.2%) cows and 44 (2.86%) of quarter were found to have clinical mastitis. From 1536 total quarters, 7 (0.5%) and 37 (2.4%) were acute and chronic forms of mastitis respectively.

Prevalence of Subclinical Mastitis: The prevalence of subclinical mastitis at cow and quarter level based on CMT and bacteriological examination is presented in table 3. Out of 384 cows and 1536 quarters, 42 (10.9%) cows and 96 (6.3%) quarters were CMT positive. On cultural isolation, mastitis causing bacteria were isolated from 32 (8.3%) and 75 (4.9%) cows and quarters respectively.

Table 1: Overall prevalence of clinical and subclinical mastitis at cow and quarter level

Observation	Total number	Overall prevalence CMT	Blind quarters				Location of blind quarters			
			Total blind quarter	One blind quarter	Two blind quarter	RR	RF	LR	LF	
Cow level	384	62(16.1%)	30(7.8%)	15(50%)	15(50%)	8 (26.7%)	7 (23.3%)	12 (40%)	3 (10%)	
Quarter level	1536	140(9.1%)	45(2.92%)	15(33.5%)	30(66.7%)	10 (22.2%)	10 (22.2%)	12 (26.6%)	13 (28.8%)	

Abbrev. CMT (California Mastitis Test), RR (Right Rear), RF (Right Front), LR (Left Rear), LF (Left Front)

Table 2: Prevalence of clinical mastitis at cow and quarter level on clinical observation

Observation	Number of observation	Total number of positive	Form of mastitis	
			Acute	Chronic
Cow level	384	20 (5.2%)		
Quarter level	1536	44 (2.86%)	7 (0.5%)	37(2.4%)

Table 3: Prevalence of subclinical mastitis at cow and quarter level using CMT test

Observation	Number of observation	Total number of positive	Mastitis causing bacteria isolation
Cow level	384	42(10.9%)	32(8.3%)
Quarter level	1536	96(6.3%)	75(4.9%)

Table 4: Type of pathogens isolated from CMT positive milk samples at the study area

Bacterial isolate	Clinical mastitis		Subclinical mastitis		Total	
	Number	Proportion	Number	Proportion	Number	Proportion
<i>E. coli</i>	26	57.8%	21	28.4%	47	39.5%
Enterobacter	5	11.1%	4	5.4%	9	7.6%
<i>S. aureus</i>	4	8.9%	35	47.3%	39	32.8%
<i>S. epidermidis</i>	4	8.9%	10	13.5%	14	11.8%
<i>S. agalactiae</i>	6	13.3%	4	5.4%	10	8.4%
Total	45	100%	74	100%	119	100%

Bacterial Isolation: Bacteria isolated from a total of 48 cows and 119 quarters as presented in Table 4 below, which shows name, number and proportion of bacteria isolated. Of 119 isolated quarters, 45 (37.8%) and 74 (62.2%) quarters were from clinical and subclinical infected cows respectively. The predominant bacteria isolated from clinical mastitis were *E. coli* with isolation rate of 57.8% followed by *S. agalactiae*, Enterobacter, *S. aureus* and *S. epidermidis* with isolation rate of 13.3, 11.1, 8.9 and 8.9% respectively. Whereas from Subclinical infection, *S. aureus* was predominant with isolation rate 47.3% followed by *E. coli*, *S. epidermidis*, Enterobacter and *S. agalactiae* with isolation rate of 28.4, 13.5, 5.4 and 5.4% respectively.

DISCUSSION

In the present study, a total number of 1536 quarters from 384 lactating zebu breeds from district of West Hararghe were investigated in a cross sectional study conducted between November 2009 to May 2010. Out of that, the current overall prevalence of mastitis at cow and quarter level were 16.1% (62/384) and 9.1% (140/1536) respectively. In this study, the prevalence of clinical and subclinical mastitis was 5.2 and 10.9% respectively. The 5.2% prevalence for clinical mastitis obtained in this study area is a little bit higher than the report of Bishi [5] which was 4.4% and the 3.6% prevalence reported by Mungube [19]. Both these studies were conducted in Addis Ababa and surrounding. This result is also higher than the report by Darsema [20] who reported a prevalence of 3.54% in Dire Dawa and East Hararghe administrative region. However the result of this study was very much less than that of Kerro Dego and Tareke [21], who reported prevalence of 37.1% in selected areas of Southern Ethiopia, similarly higher prevalence of mastitis was reported by Biru [22] with prevalence of (23.9%) in Southern Ethiopia. The difference observed maybe due to the difference in breed, of target animal, their management system and the environmental hygienic condition in the study areas [23].

In the case of subclinical mastitis, cow level prevalence of 16.1% obtained in the study areas was still high. This result is not in agreement with the one reported by Getahun [24] who reported 22.3% from his work in smallholder dairy farms in the central highlands of Ethiopia. Also this finding was by far less than the 57.5% prevalence reported by Tesfaye [25] which was obtained from his work on indigenous zebu and Borena-Hollistein crosses in South Wello and Dege and Tareke [20] who reported prevalence of 62.9% and Biru [22] in Southern Ethiopia with prevalence (39.5%). This variation could be due to variation in the susceptibility of different breeds of cattle to mastitis-causing organisms. The difference in management practices and environmental conditions could also be responsible for this variation. The previous studies earlier mentioned were carried out on exotic and crossbred cows, while our study includes only Zebu cows. Zebu cattle have been known for their relative resistance/ tolerance against many infectious diseases. Our study focuses on Zebu cows owned by smallholder farmers who own few cows. This might have decreased the potential of contagious mastitis causing pathogens and made easier to clean the cows' environment and in turn might have also decreased mastitis causing environmental pathogens. As mastitis is a complex disease, involving interactions of various factors, which include management, environmental, animal risk factors and causative agents, its prevalence, will vary [6].

Prevalence of subclinical mastitis is higher than that of clinical mastitis in the present study, which is in the agreement with several earlier reports from different parts of Ethiopia [2, 21, 26-32] and elsewhere in Africa [33]. Since, environmental factors play significant role, the prevalence of subclinical mastitis varies in dairy animals [6]. Subclinical mastitis has been reported to be higher than clinical mastitis owing to the defense mechanism of the udder, which reduces the severity of the disease [7]. In most reports including the present study, clinical mastitis is far lower than subclinical mastitis [2, 29, 28, 34, & 35]. This could be attributed to little attention given to subclinical mastitis, as the infected

animal shows no obvious symptoms and secretes apparently normal milk and farmers, especially small holders, are not well informed about invisible loss from subclinical mastitis. In Ethiopia, the subclinical forms of mastitis received little attention and efforts have been concentrated on the treatment of clinical cases [29].

Out of 1536 quarter examined, 2.93% (45/1536) were blind, which may be an indication of serious mastitis problem on the herd and lack of screening tests and treatment of subclinical mastitis and inadequate follow up chronic mastitis were considered to be the major reason for the development of quarter blindness [2].

The most important isolates found in this study were *E. coli* and *S. aureus* with 57.8 and 47.2% for clinical and subclinical mastitis respectively. *Staphylococcus agalactiae* (13.3%) and *Enterobacter* (11.1%) species followed *E. coli* in this order as the cause of clinical mastitis. Whereas, in subclinical cases *S. aureus* was followed by *E. coli*, *S. epidermidis*, *Enterobacter* with the rate 28.3, 13.3, 6.75 and 5.4% respectively. However, Dego and Tareke [21] found *Staphylococcus* (36.75%); followed by *Streptococcus* (23.8%) and total coliforms (14.1%) of which *E. coli* was 10% and *Klebsiella* constituted the remaining 4.1% to be the predominant organisms isolated both from clinical and subclinical cases. Animal, pathogens, environmental and management risk factor, which influence the prevalence of mastitis could be the reason for these variations [36].

Prevalence of mastitis at cow level was dependent on breed, parity, age, stage of lactation and some management problems like milking of cows at any stage, increased milk yield from genetic selection may be accompanied in genetic susceptibility to mastitis [36]. According to Erskine [7], primiparous cows have more effective defenses mechanism than multiparous cows. The prevalence of subclinical infection increases at the age of lactation progresses. These infections are generally the result of contagious mastitis and caused by an ability of mastitis control [7].

CONCLUSIONS

In a spite of a large research efforts aimed to gain prevalence and to develop a new control tools for mastitis, the subclinical occurrence of the mastitis remains a substantial problem for dairy producers. The results of the present study indicated a relatively high prevalence of subclinical mastitis in dairy cattle of the study area. The relatively high prevalence reported in this study

clearly indicated lack of strategic control measures against the disease as well as poor surveillance measures. Lack of maintenance of strict hygiene and good sanitary environment may be contributory factors in the cause of subclinical mastitis. It is therefore important that producers should ensure strict personal hygiene and that of animals and general sanitary conditions of the farms should be improved and maintained. The predominant bacteria isolated were *E. coli* with isolation rate of 57.8% and *S. aureus* with a rate of 47.3% from clinical and subclinical mastitis respectively. Furthermore, all dairy producers know that early detection of intra-mammary infection and anti-microbial susceptibility test are important for selecting and implementing proper therapy.

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